

Cleanse

Normal to Dry Skin:

Mix a small amount of Aloe Facial Cleansing Lotion with an equal amount of water in your hand. Lightly massage in circles over the face and neck. Rinse cleanser off with warm water or wipe off with a warm moist towel.

Oily Prone Skin:

Wet the face. Mix a small amount of Enzyme Cleanser with an equal amount of water in your hand. With a circular motion, make a lather and apply to the wet skin. Massage lightly. Rinse with warm water and then rinse again with cool water.

Tone

After cleansing, apply pH Balance Toner with a cotton pad to reduce the appearance of enlarged pores.

Masking Treatment:

Mix equal parts of Mask Powder and Aloe Mask Liquid: Apply 6-7 drops of liquid to powder and stir. Repeat until the mask is a thin gravy consistency.



Easy Facial Kit Instructions

800-221-9727

www.set-n-me-free.com

With a fan brush, apply mask sparingly over the entire face. The mask will be dry in 5-8 minutes. Moisten the dried mask with a pressed on, warm moist cloth for a few minutes, then with plenty of Aloe Masking Liquid or spray mist with Aloe Misting & Masking Liquid.

Do not remove the mask with water as that will wash away residual product.

Massage the masked area lightly to completely loosen the mask. Remove the mask with a dry towel. Apply Day-Night Emollients, Moisturizing Aloe Milk, Moisturizing Aloe Lotion, or Aloe Moisture Cream after removing the mask to hydrate and moisturize the skin.

Hydrate

Dry Skin:

Allow the pH Balance Toner to dry and then apply Day-Night Emollients.

Normal Skin:

Apply Day-Night Emollients while the pH Balance Toner is damp on the skin

Oily Skin:

Apply pH Balance Toner, let dry, and then apply the Moisturizing Aloe Milk or Comfrey Gel.

Click here for Masking Recipes