

Moisture Care INSTRUCTIONS

Moisturizing begins with exfoliation of dry surface skin cells and deep cleaning pores. This happens for two reasons:

1. When pores are free from debris the body can secrete oils to help keep the skin soft and supple.
2. When pores are not clogged with dry skin debris, moisturizers can be readily absorbed into lower level skin areas.

Shower morning and night using *Lavender Spa Bath* with warm--not hot water. Towel dry, then moisturize your still warm body with *Moisturizing Aloe Lotion*. Moisturize after every washing of hands, feet, and elbows with *Aloe Moisture Cream*. Moisturize face, neck and arms with *Moisturizing Aloe Milk*. Moisturize lips and cuticles with *Aloe Stic*.



For more information call:

800-221-9727 or **503-666-9661**

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