

# Oily Skin Care Instructions

Cleanse morning and night with a small amount of **Enzyme Cleanser** on the wet **scrub cloth**. Rinse with cool water. Pat dry with a cotton towel.

Apply a small amount of **Aloe Comfrey Gel** in the morning and a generous amount at night.

**Aloe Stic** is easy to carry in a pocket and should be applied to acne breakouts several times during the day.

Keep unsanitized hands away from affected area. Drink 2-3 liters of water daily to cleanse the body from within.

**For more information call:**  
**800-221-9727 or 503-666-9661**

[www.set-n-me-free.com](http://www.set-n-me-free.com)

