



## Body Wrap Chin and Neck

### Set-N-Me-Free Products used:

Aloe Enzyme Cleanser  
Body Wrap Solution Gel  
Plastic film strips

Time: 25-52 minutes = 6 minutes prep/apply; 20-45 minutes leave on; 1 minute removal.

The Body Wrap Solution Gel has a low pH so the client will likely feel tingling until the plastic film is in place. As with any skin care product, if your client has many allergies a skin test should be done the day prior to the treatment.

When offered: During a body massage, manicure or pedicure, and following a facial. This treatment is usually combined with facial treatment.

How to: Cleanse with the Aloe Enzyme Cleanser, rinse with fresh water and towel dry. With a fan brush, apply Body Wrap Solution Gel to the jaw, chin and neck and cover the moist gel with strips of plastic film (saran wrap). Apply the plastic film in one long piece to lift under the chin and cling at the top of the head. This will lift the chin firmly and feel secure to the client. Leave on at least 20 minutes with best results at 45 minutes. Remove the plastic and massage in any moist gel. Client should drink 3-4 liters of water within the following 24 hours.

### Home Follow up:

Aloe Enzyme Cleanser - daily  
Body Wrap Solution Gel & generous water intake - daily  
Hydrating: Moisturizing Aloe Milk or Day-Night Emollients - daily  
Salon follow up: Schedule client for a full-body, body wrap treatment every 4-5 days.

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