



## Body Wrap the Arms

### Set-N-Me-Free Products used:

Aloe Body Wash

Body Wrap Solution Gel

Plastic film

Time: 25-50 minutes = Two minutes prep/apply; 20-45 minutes leave on; One minute removal.

When offered: During a facial, manicure or pedicure, while hair perm or color is processing.

How to: Cleanse full length of arms with Aloe Body Wash and towel dry. Apply the Body Wrap Solution Gel to arms and cover the moist gel with plastic film. Do not wrap tight. The plastic prevents the gel from drying. Leave the wrap on the skin for at least 20 minutes and up to 45 minutes. Remove the plastic film and massage in any still moist gel. Client should drink 3-4 liters of water within 24 hours of the treatment.

### Home Follow up:

Aloe Body Wash to exfoliate in daily shower.

Body Wrap Solution Gel to be applied after towel drying following daily shower.

Hydrate skin with Moisturizing Aloe Lotion.

Salon follow up: Set appointment for client to have full body wrap treatments every 4-5 days.

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