



## Honey Mask

Combine one teaspoon of warmed, raw unprocessed honey, one teaspoon of dried powdered basil and one drop of peppermint essential oil to one teaspoon of Set-N-Me-Free Mask Powder. Add drops of Set-N-Me-Free Misting & Masking Liquid and stir to make a thin paste.

The honey, basil and peppermint oil all have properties that will leave the skin moisturized, soft and leaves the skin feeling toned and refreshed.

The mask may not dry firmly due to the honey, but leave the mask on for 15-20 minutes.

To remove the mask, drape the towel that has been soaked in Aloe Misting & Masking Liquid or Natural Aloe Liquid over the masked area and leave for 1 minute to soften the mask. Gently wipe the area clean with the towel. Use the Aloe Mist to soften any mask that is still on the skin and continue to wipe it away until you have a clean finish.

Apply Set-N-Me-Free Aloe Milk Moisturizing.

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