



Sensitive Skin Mask - Peach and Dried Calendula Flowers

These ingredients will moisturize and cleanse the skin with the natural fruit blend and aloe vera enzymes. Skin will have a fresh appearance with a restored youthful feel.

Make an infusion by pouring a small amount of boiling water over (to barely cover) calendula flower petals (rose or chamomile petals or sage leaves may be substituted) in a glass or ceramic container, then cover and let steep until cool.

When cool, stir infusion, pressing petals to remove more essence from the petals. Strain liquid. Blend 1/2 teaspoon of this liquid with 2 teaspoons very ripe, mashed, and peeled peach pulp, one-teaspoon plain yogurt or sour cream, and two teaspoons of Set-N-Me-Free Mask Powder. Stir well, adding drops of Set-N-Me-Free Mask Liquid to make a consistency that can be applied to the skin.

Use fingertips to apply mixture to skin. Leave mask on for 10-15 minutes. To remove the mask, drape the towel that has been soaked in Aloe Misting & Masking Liquid or Natural Aloe Liquid over the masked area and leave for 1 minute to soften the mask. Gently wipe the area clean with the towel. Use the Aloe Mist to soften any mask that is still on the skin and continue to wipe it away until you have a clean finish.

Pat dry and apply a small amount of Set-N-Me-Free Aloe Milk Moisturizing.
